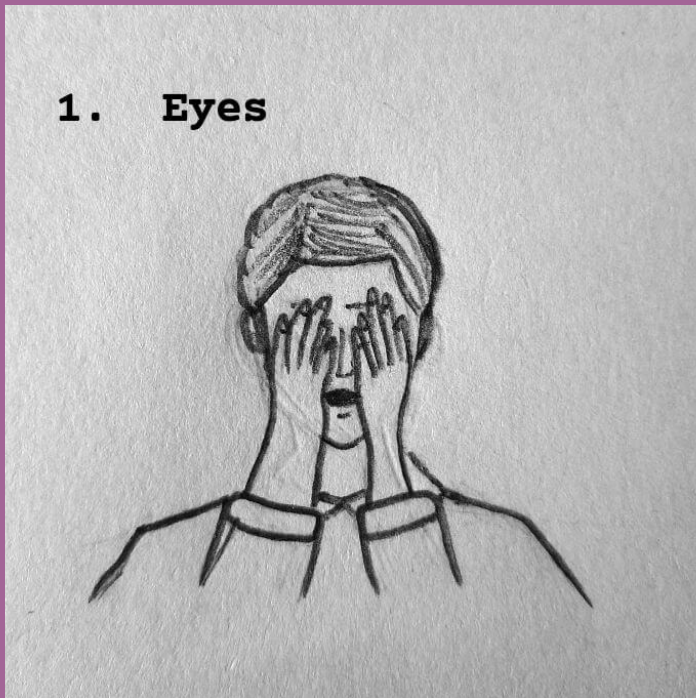


26 Reiki Points For Self-Reiki



1. Eyes



26 Reiki Points For Self-Reiki



2. Temples



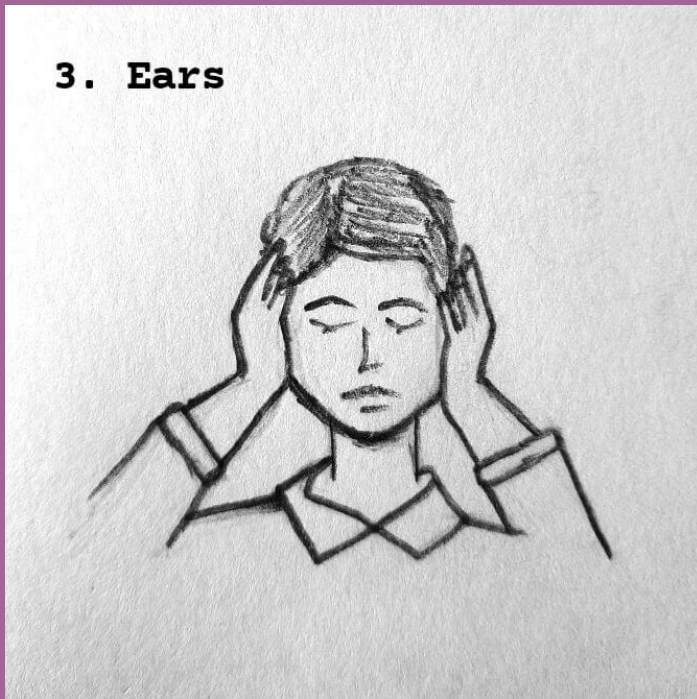
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26 Reiki Points For Self-Reiki



3. Ears



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26 Reiki Points For Self-Reiki



**Forehead & the back
of the head**



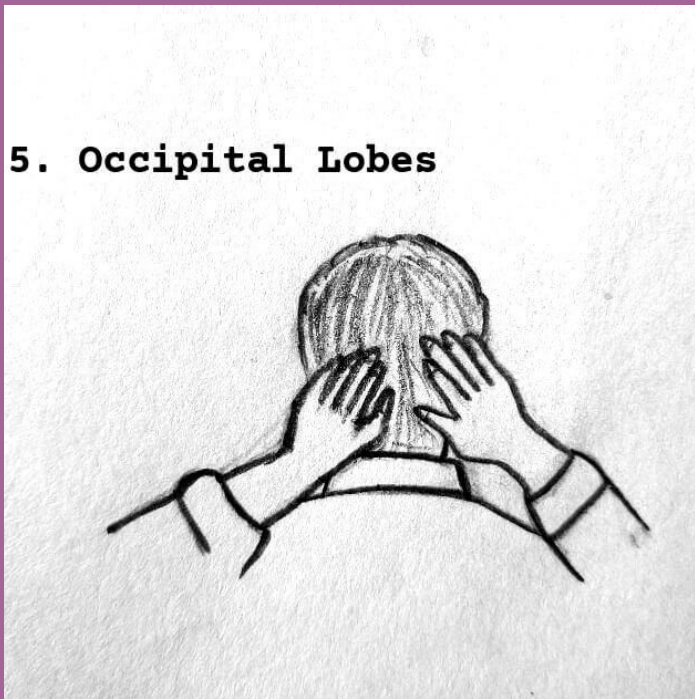
reikiamazes.com



26 Reiki Points For Self-Reiki



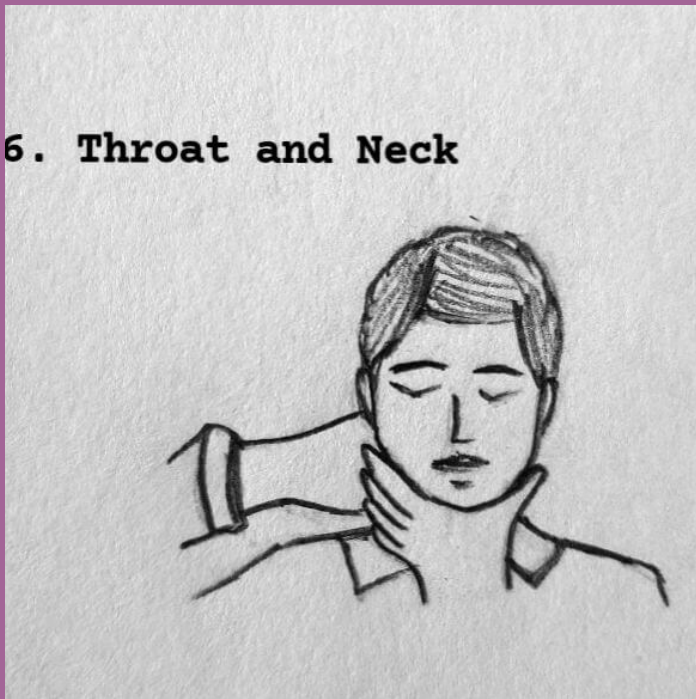
5. Occipital Lobes



26 Reiki Points For Self-Reiki



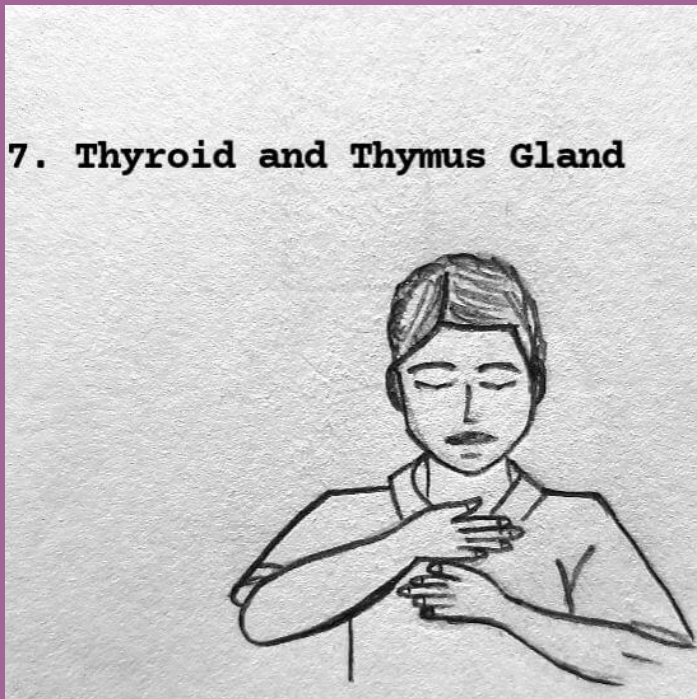
6. Throat and Neck



26 Reiki Points For Self-Reiki



7. Thyroid and Thymus Gland

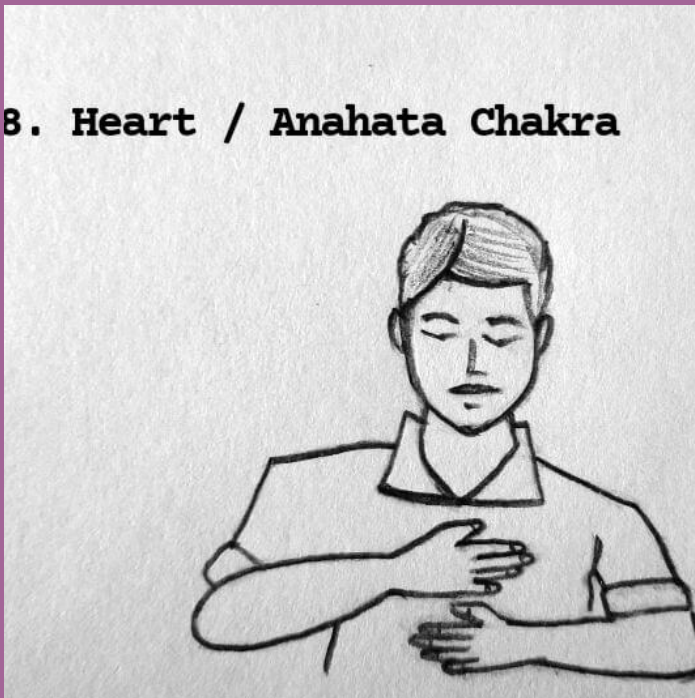


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26 Reiki Points For Self-Reiki

8. Heart / Anahata Chakra



26 Reiki Points For Self-Reiki



Solar Plexus / Manipur Chakra



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26 Reiki Points For Self-Reiki

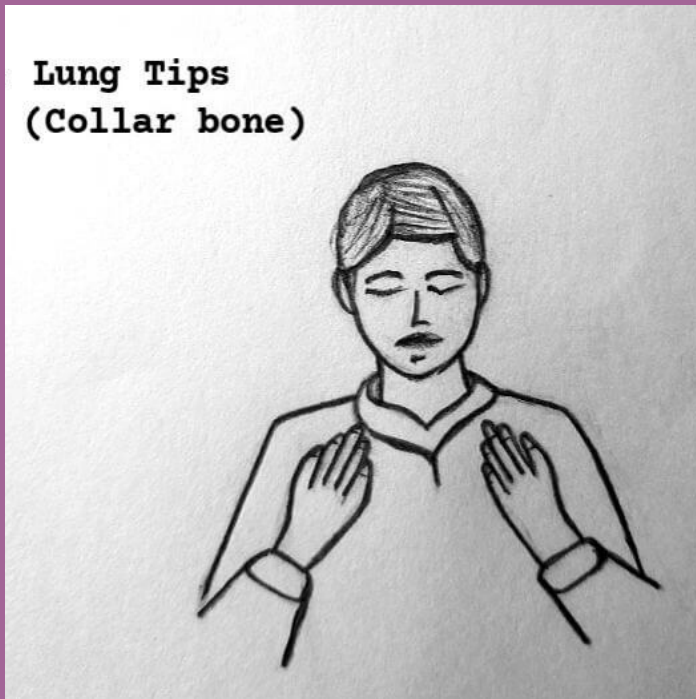
10. Liver
(Right side)



26 Reiki Points For Self-Reiki



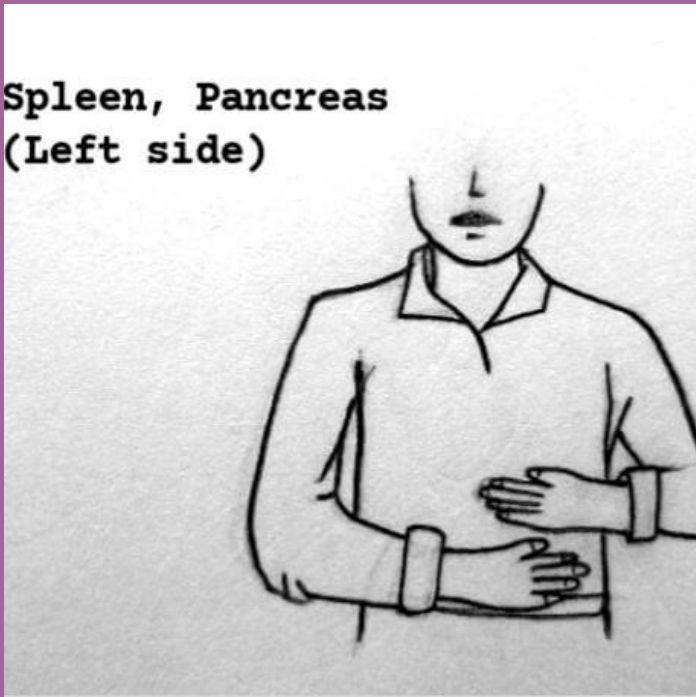
Lung Tips
(Collar bone)





26 Reiki Points For Self-Reiki

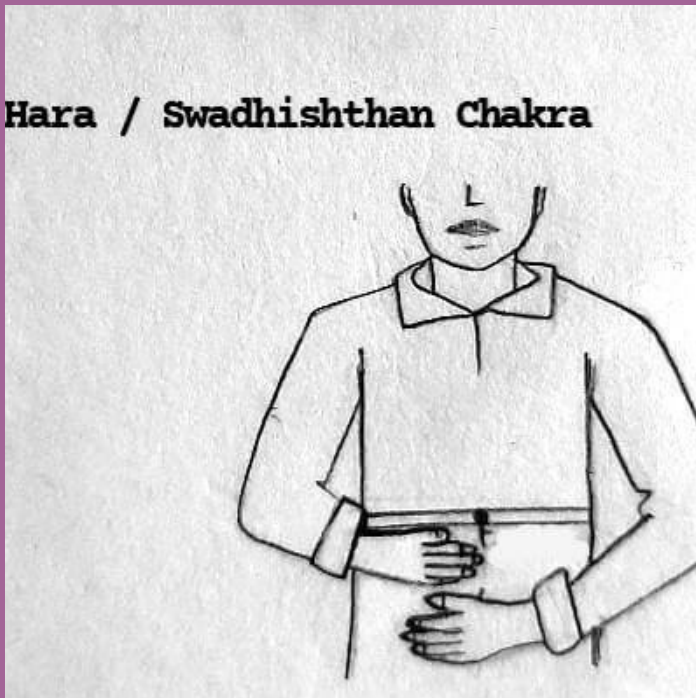
**Spleen, Pancreas
(Left side)**



26 Reiki Points For Self-Reiki



Hara / Swadhishtan Chakra



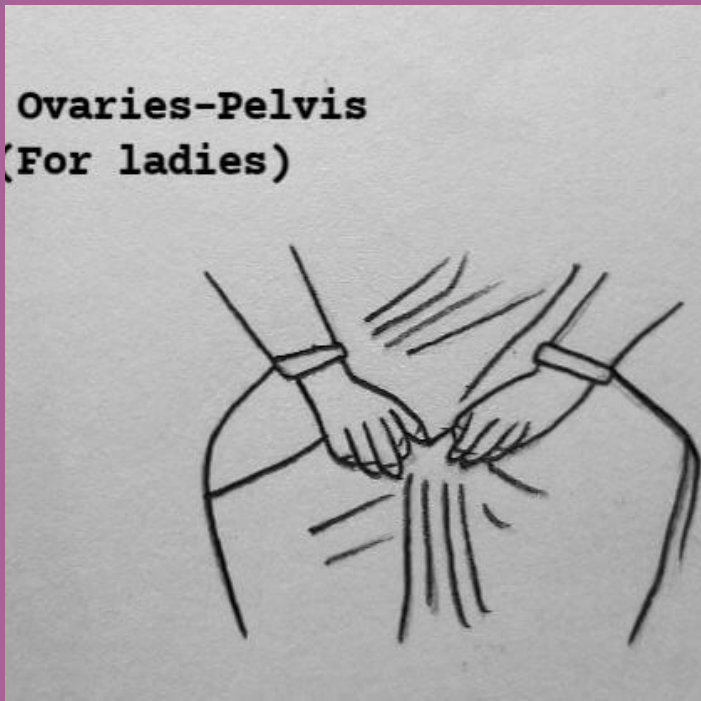
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26 Reiki Points For Self-Reiki



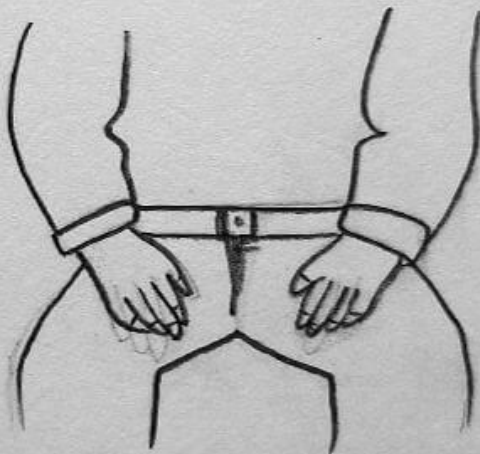
**Ovaries-Pelvis
(For ladies)**



26 Reiki Points For Self-Reiki



**Spermatic Cord
(For gents)**



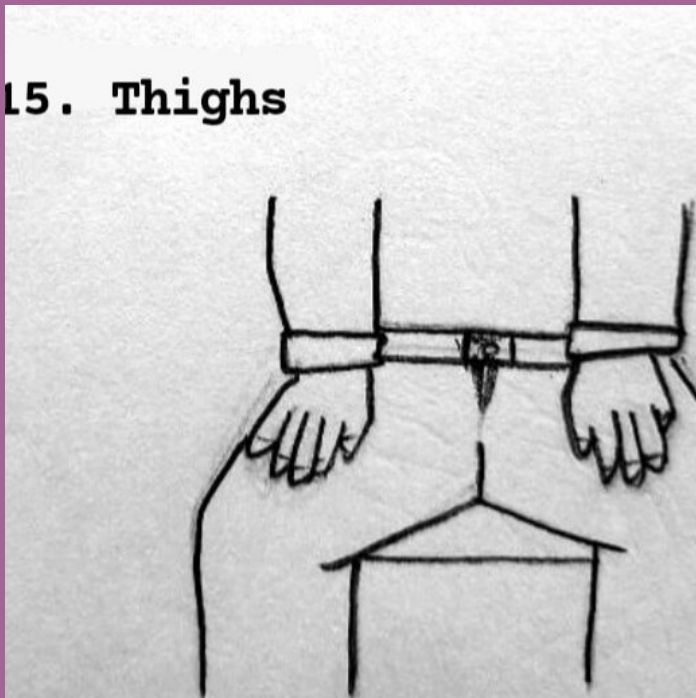
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26 Reiki Points For Self-Reiki



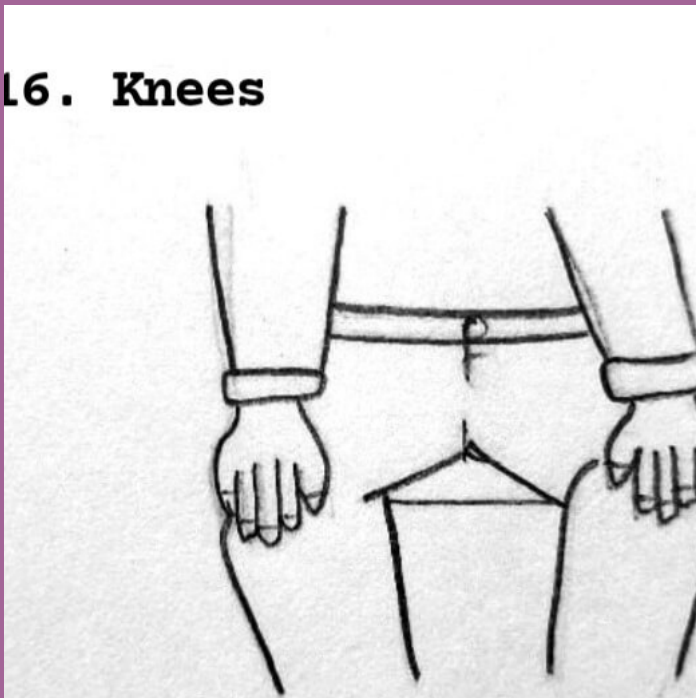
15. Thighs



26 Reiki Points For Self-Reiki



16. Knees



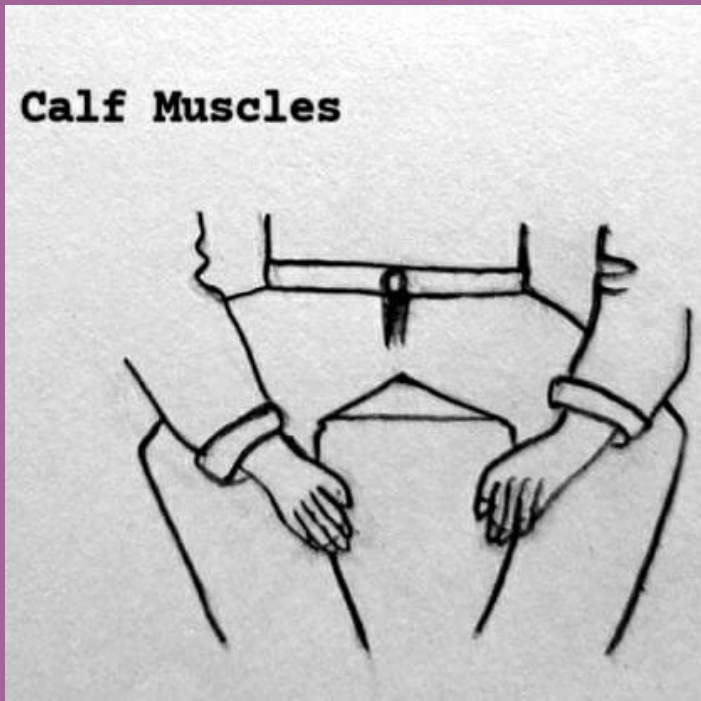
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26 Reiki Points For Self-Reiki



Calf Muscles



26 Reiki Points For Self-Reiki



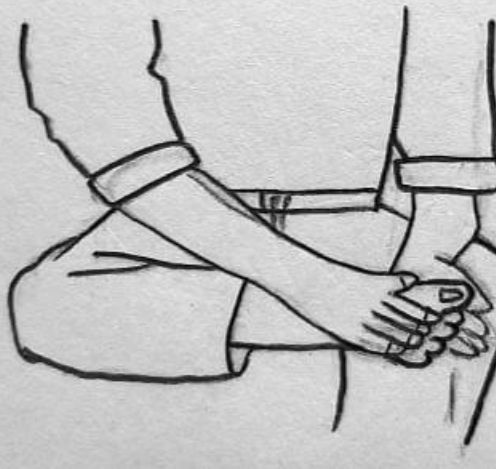
**Ankles & Footsole
(left)**



26 Reiki Points For Self-Reiki



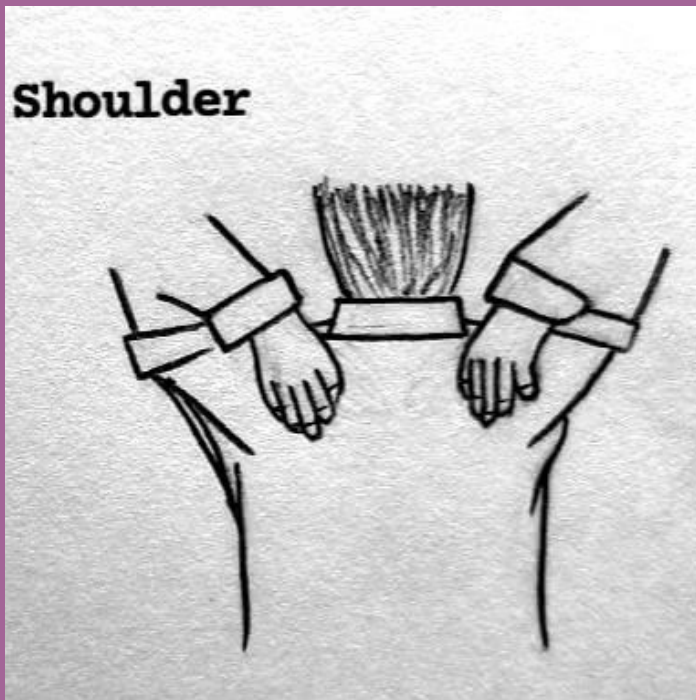
**Ankles & Footsole
(Right)**



26 Reiki Points For Self-Reiki



Shoulder



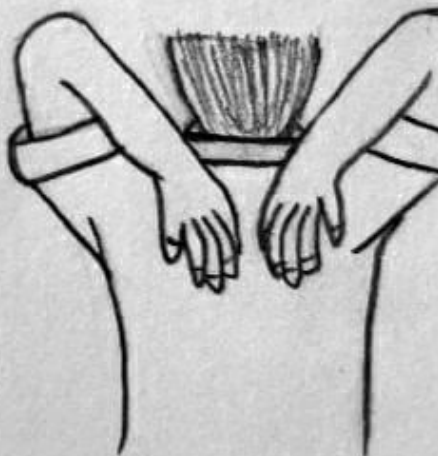
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26 Reiki Points For Self-Reiki



Thyroid and Thymus Gland

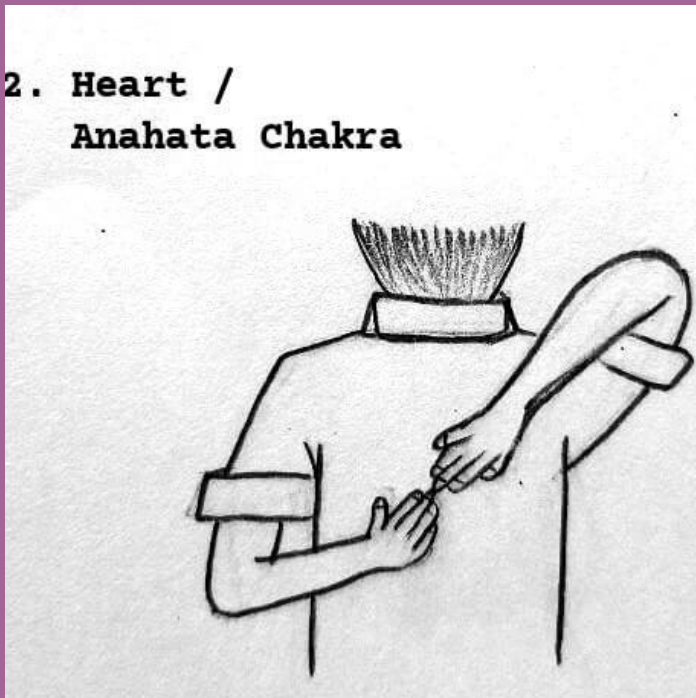


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26 Reiki Points For Self-Reiki

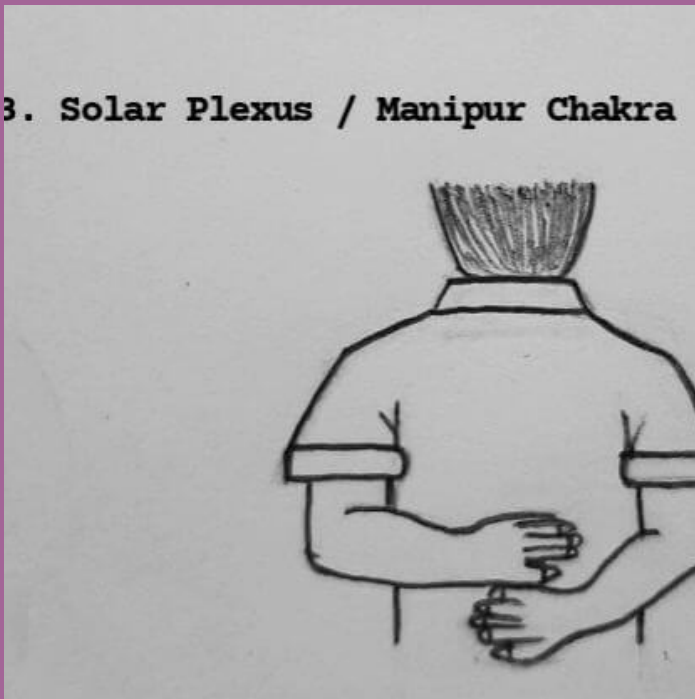
2. Heart / Anahata Chakra



26 Reiki Points For Self-Reiki



3. Solar Plexus / Manipur Chakra



26 Reiki Points For Self-Reiki

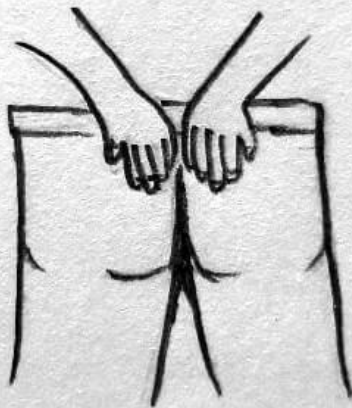


24. Kidneys



26 Reiki Points For Self-Reiki

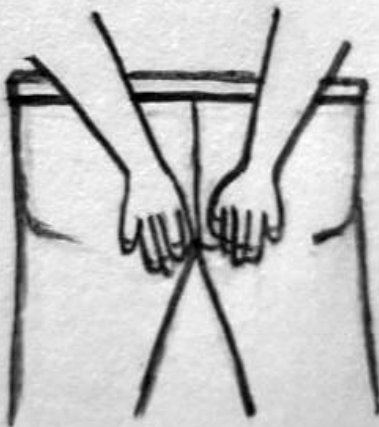
**25. Hara /
Swadhishtan Chakra**



26 Reiki Points For Self-Reiki



26. Root / Mooladhar Chakra





26 Reiki Points For Self-Reiki



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